



# Spring Open Graded Meeting

Under UKA Rules/Permit Level 2  
With Electronic timing & EDM

Thames Valley Athletic Centre, Eton, SL4 6HN  
Sunday 16<sup>th</sup> April 2023

## Events:

### **TRACK**

- 75m** U11G/U11B/U13G
- 150m** U11G/U11B/U13G
- 100m** U13G/U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 200m** U13G/U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 300m** U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 400m** U15B/U17M/U20W/U20M/SW/SM
- 800m** U11G/U11B/U13G/U13B/U15G/U15B/  
U17W/U17M/U20W/U20M/SW/SM
- 1500m**  
U13G/U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 3000m** U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 1500m SteepleChase** U17M race. U17W/U20W/SW race

### **FIELD**

- High Jump**  
U13G/U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- Long Jump**  
U11G/U11B/U13G/U13B/U15G  
U15B/U17W/U17M/U20W/U20M/SW/SM
- Javelin**  
U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- Shot**  
U13G/U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- Hammer**  
U15G/U15B/U17W U17M/U20W/U20M/SW/SM
- Pole Vault – is a closed event and only open to WSEH Athletes**  
U15G/U15B/U17W U17M/U20W/U20M/SW/SM

**Entry Fees:** £8 per event  
(maximum of 3 events may be entered)  
Entry times for track events are predicted times not PB's.  
Graded meeting, mixed age & gender races (ensure athletes understand this format before entering), fastest races first.

**Entries:** Online entries only via  
[www.race-results.co.uk](http://www.race-results.co.uk).

**Entries limited to 500 athletes.**  
Entries will close when this number is reached OR on 9<sup>th</sup> April. Field entries have a limited capacity which can be found on the Provisional Timetable, check this before attempting to book.  
**No late entries will be accepted.**

### **Timetable:**

A Provisional Timetable and additional information is available on the WSEH Athletic Club website: –  
<https://wseh.co.uk/spring-track-field-open-meeting-2023/>

**A Final Timetable will be posted on the WSEH Athletic Club website in the week leading up to the Meeting, please note there could be changes to the Provisional Timetable timings.**